



Nicole Winer  
Designer

SUPER FINE



KNIT 1 SKILL LEVEL: INTERMEDIATE

## ABBREVIATIONS

**Approx** = Approximately

**Beg** = Beginning

**C4(8)B** = Slip next 2(4) stitches onto cable needle and hold at back of work. K2(4), then K2(4) from cable needle.

**C4(8)F** = Slip next 2(4) stitches onto cable needle and hold at front of work. K2(4), then K2(4) from cable needle.

**Cont** = Continue(ity)

**Dec** = Decrease

**Inc'd** = Increase(d)

**K** = Knit

**K2tog** = Knit next 2 stitches together

**Kfb** = Increase 1 stitch by knitting into front and back of next stitch

**M1** = Make 1 stitch by picking up horizontal loop lying before next stitch and knitting into back of loop.

**P** = Purl

**P2tog** = Purl next 2 stitches together

**Pat** = Pattern

**Rem** = Remaining

**Rep** = Repeat

**Rnd(s)** = Round(s)

**RS** = Right side

**SI1** = Slip next stitch knitwise

**SI1P** = Slip next stitch purlwise

**Ssk** = Slip next 2 stitches knitwise one at a time. Pass them back onto left-

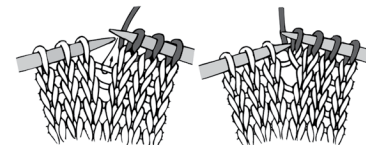
hand needle, then knit through back loops together

**St(s)** = Stitch(es)

**T5B** = Slip next stitch onto cable needle and hold at back of work. K4, then P1 from cable needle.

**T5F** = Slip next 4 stitches onto cable needle and hold at front of work. P1, then K4 from cable needle.

**WS** = Wrong side



## MATERIALS

Patons® Kroy Socks™ (1.75 oz/50 g; 166 yds/152 m)

<b>Sizes</b>	<b>S</b>	<b>M</b>	<b>L</b>	
Salt Water (55739)	<b>2</b>	<b>2</b>	<b>3</b>	<b>balls</b>

Set of 4 size U.S. 2 (2.75 mm) Susan Bates® Silvalume™ double-pointed knitting needles **or size needed to obtain gauge.** Susan Bates® steel yarn needle. Susan Bates® cable needle.

## SIZES

To fit U.S. Women's Shoe Sizes

<b>S</b>	<b>4-6½</b>
<b>M</b>	<b>7-9½</b>
<b>L</b>	<b>10-12½</b>

Finished foot length / circumference

<b>S</b>	<b>9" [23 cm]/7" [18 cm]</b>
<b>M</b>	<b>10" [25.5 cm]/8" [20.5 cm]</b>
<b>L</b>	<b>11" [28 cm]/9" [23 cm]</b>

## GAUGE

32 sts and 40 rnds = 4" [10 cm] in stocking stitch, knit in the round.

## INSTRUCTIONS

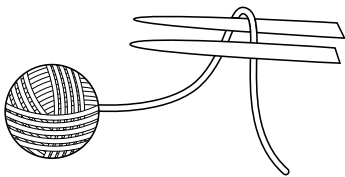
**Beg at toe: Using Judy's Magic Cast-on:**

### Step 1:

Hold pair of double-pointed needles parallel to each other in your dominant hand, leaving tail approx 10" [25.5 cm] long as you will be using this tail for the cast on. Place yarn over top needle so tail end is closest to you and working end (yarn attached to ball) is at top. (See Diagram 1)

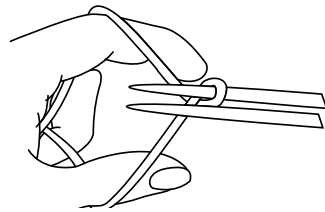
**NOTE: The yarn on the top needle counts as a stitch.**

### Diagram 1:



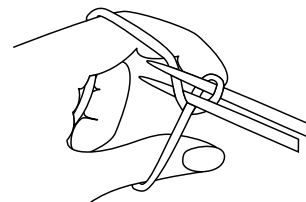
**Step 2:** With your left hand, hold yarn as you would for a Long-tail Cast on, placing working end of yarn over your left index finger and tail end of the yarn over your left thumb. Use remaining fingers on your left-hand to hold the two strands together at the palm. (See Diagram 2)

### Diagram 2:



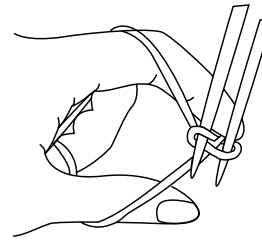
**Step 3:** To cast a stitch onto the bottom needle, bring working yarn on your index finger, under the bottom needle and down between the top and bottom needle. You now have 1 stitch on both top and bottom needles. (See Diagram 3)

### Diagram 3:



**Step 4:** To cast on next stitch onto top needle, bring the tail-end yarn from your thumb up between the two needles and over the top needle. (See Diagram 4)

### Diagram 4:



Repeat Steps 3 and 4 until you have 10 sts on each needle, making sure the working yarn on your index finger is always casting onto the bottom needle, and the yarn from the tail end, being held with your thumb, is casting onto the top needle. You should end with last stitch being cast onto the bottom needle with the working yarn.

Prepare to knit in rnds as follows: Turn needles so the bottom needle is positioned on top, ready to be worked, with RS facing you.

**1st needle:** With 3rd double-pointed needle, knit across 10 sts. Rotate needles to work across rem cast-on sts, making sure RS is still facing you.

**2nd needle:** Knit 10.

Divide these 10 sts just worked evenly onto 2 needles.

20 sts now divided as 10 sts on 1st needle, 5 sts on both 2nd and 3rd needles.

See Video link [here](#).

**Beg working in rnds: 1st rnd: 1st needle:** K1. M1. Knit to last st on needle. M1. K1. **2nd needle:** K1. M1. Knit to end of needle. **3rd needle:** Knit to last st. M1. K1. 4 sts inc'd. **2nd rnd: All needles:** Knit. Rep 1st and 2nd rnds **8 (10-12)** times more to **56 (64-72)** sts, divided as **28 (32-36)** sts on 1st needle and **14 (16-18)** sts on 2nd and 3rd needles.

Beg working foot in Cable Pat as follows:

**Set up rnd: 1st needle:** P1. K4. (P2. K2) **4 (5-6)** times. P2. K4. P1. **2nd and 3rd needles:** Knit.

**Cable Pat (See Chart I):**  
**1st rnd: 1st needle:** P1. C4F. (P2. K2) **4 (5-6)** times. P2. C4B. P1. **2nd and 3rd needles:** Knit.

**2nd to 4th rnds: 1st needle:** P1. K4. (P2. K2) **4 (5-6)** times. P2. K4. P1. **2nd and 3rd needles:** Knit.

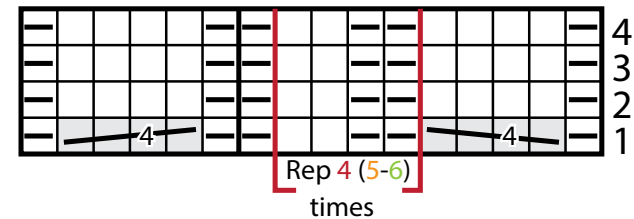
These 4 rnds form Cable Pat - noting: **1st needle** = Top of foot. **2nd and 3rd needles** = Instep.

Cont in Cable Pat until work from beg measures approx **6 (6½-7)" [15 (16.5-18) cm]**, ending on a 4th rnd of Cable Pat.

**NOTE:** If you are making these socks for yourself, or for someone whose foot is easily available to measure, work until foot of sock is approx 2½" [6.5 cm] less than total length of foot, when measured from back of heel to tip of big toe.



**CHART I  
TOP OF FOOT**



**Key**

- = Knit
- ◻ = Purl
- = C4B
- = C4F
- = C8B
- = C8F

See video link [here](#).

**Gusset: 1st rnd: (inc rnd) 1st needle:** P1. C4F. (P2. K2) **4 (5-6)** times. P2. C4B. P1. **2nd needle:** K1. Kfb. Knit to end of needle.  
**3rd needle:** Knit to last 2 sts. Kfb. K1.  
**2nd rnd: 1st needle:** P1. K4 (P2. K2) **4 (5-6)** times. P2. K4. P1. **2nd and 3rd needles:** Knit.  
**3rd rnd: 1st needle:** P1. K4. (P2. K2) **4 (5-6)** times. P2. K4. P1. **2nd needle:** K1. Kfb. Knit to end of needle.  
**3rd needle:** Knit to last 2 sts. Kfb. K1.  
**4th rnd:** As 2nd rnd.  
 Rep last 4 rnds, inc 2 sts every other rnd until there are **24 (28-32)** sts on each of 2nd and 3rd needles. **76 (88-100)** sts total.

Divide **28 (32-36)** Top of foot sts on 1st needle evenly onto 2 needles and hold until Heel is complete.

Slip rem **48 (56-64)** sts onto 1 needle and proceed as follows for Heel:

**Turn Heel:** Heel is turned by working back and forth in **rows** as follows:

**1st row:** (WS). **P27 (31-35)**. P2tog. P1. Turn.

**2nd row:** Sl1. K7. ssk. K1. Turn.  
**3rd row:** Sl1P. P8. P2tog. P1. Turn.  
**4th row:** Sl1. K9. ssk. K1. Turn.  
**5th row:** Sl1P. P10. P2tog. P1. Turn.  
**6th row:** Sl1. K11. ssk. K1. Turn.  
**7th row:** Sl1P. P12. P2tog. P1. Turn.  
**8th row:** Sl1. K13. ssk. K1. Turn.  
**9th row:** Sl1P. P14. P2tog. P1. Turn.  
**10th row:** Sl1. K15. ssk. K1. Turn.  
**11th row:** Sl1P. P16. P2tog. P1. Turn.  
**12th row:** Sl1. K17. ssk. K1. Turn.  
**13th row:** Sl1P. P18. P2tog. P1. Turn.  
**14th row:** Sl1. K19. ssk. K1. Turn.  
 Cont in this manner until all instep sts have been worked and there are **28 (32-36)** sts on needle, ending on a RS (knit) row.



See video link [here](#).

Slip top of foot sts back onto 1st needle.

Divide Heel sts just worked onto 2 needles as **13 (13-17)** sts on 2nd needle and **15 (19-19)** on 3rd needle. **56 (64-72)** sts total.

**Sock Leg:** Beg working in rnds as follows:

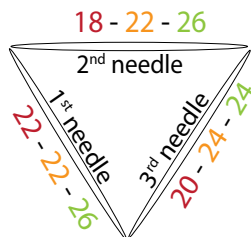
**1st rnd: 1st needle:** T5B. M1. (P2. K2) **4 (5-6)** times. P2. M1. T5F.  
**2nd needle:** M1. K3. P1. K1. (P2. K2) **2 (2-3)** times. **3rd needle:** (P2. K2.) **2 (3-3)** times. P2. K1. P1. K3. M1. 4 sts inc'd. **60 (68-76)** sts.

Re-distribute sts as follows:

**Next rnd: 1st needle:** K4. P1. K1. Slip these 6 sts just worked onto end of 3rd needle. (P2. K2) **4 (5-6)** times. P2. Slip last 6 sts from 1st needle onto end of 2nd needle. **2nd needle:** K1. P1. K8. P1. K1.\*P2. K2. Rep from \* to end of needle. This will now be beg of rnd, thus making next needle **1st needle**.

Sts are now re-numbered and re-distributed as follows: (See diagram)

**22 (22-26)** sts on 1st needle, **18 (22-26)** sts on 2nd needle and **20 (24-24)** sts on 3rd needle.



Beg working Leg Pat as follows (See Chart II on page 6):

**1st rnd: 1st needle:** (P2. K2) **2 (2-3)** times. P2. K1. P1. C8F. P1. K1. **2nd needle:** (P2. K2) **4 (5-6)** times. P2. **3rd needle:** K1. P1. C8B. P1. K1. (P2. K2) **2 (3-3)** times.  
**2nd to 8th rnds: 1st needle:** (P2. K2) **2 (2-3)** times. P2. K1. P1. K8. P1. K1. **2nd needle:** (P2. K2) **4 (5-6)** times. P2. **3rd needle:** K1. P1. K8. P1. K1. (P2. K2) **2 (3-3)** times.

Rep last 8 rnds for Leg Cable and Rib Pat until Leg (after heel) measures **6 (6½-7)" [15 (16.5-18) cm]**.

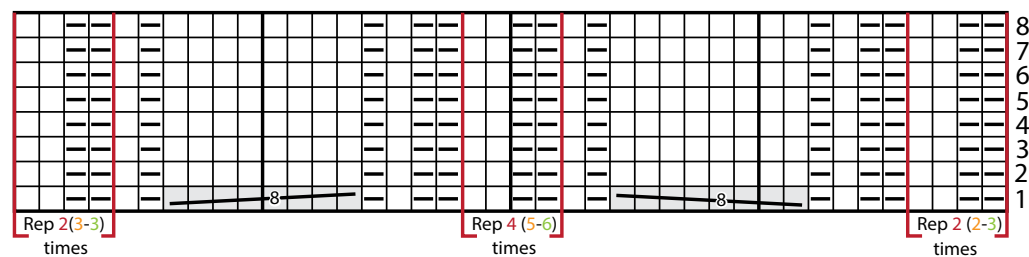
**Dec for cuff: Next rnd: 1st needle:** (P2. K2) **2 (2-3)** times. P2. K1. K2tog. P2. K2. P2. K2tog. K1. **2nd needle:** (P2. K2) **4 (5-6)** times. P2. **3rd needle:** K1. K2tog. P2. K2. P2. K2tog. K1. (P2. K2) **2 (3-3)** times. **56 (64-72)** sts.

**Cuff: 1st rnd: All needles:** \*P2. K2. Rep from \* around.  
 Rep this rnd (P2. K2) ribbing 8 times more.

**Cast off rnd:** K2. \*Insert left-hand needle into front of last 2 sts on right-hand needle and knit through back loops together. K1. Rep from \* around. Fasten off.

Using yarn needle, weave in ends.

**CHART II  
LEG PAT**



Key

- = Knit
- ◻ = Purl
- = C4R
- = C4L
- = C8R
- = C8L