



## Cowl Knit Mobius

Designed by Veronica Manno.

**Measures 13" wide x 30" long.**

**RED HEART® "Light & Lofty®":** 1 Skein 9933 Aspen Bluff Multi.

**Knitting Needles:** 9mm [US 13].  
Yarn needle.

**GAUGE:** 10 sts = 4"; 14 rows = 4" in Garter st. **CHECK YOUR GAUGE. Use any size needles to obtain the gauge.**

**NOTE:** Use Open Cast On Method: You'll need one needle a couple of sizes larger than the needles you'll be using to knit with (or alternately, two needles held together) and a

spare length of sturdy yarn, several times longer than the length of the finished cast on. Make a slip knot with the working yarn and place it on the needle. Hold the needle and one end of the waste yarn in your right hand. \* Move the working yarn in front of and under the waste yarn... ..then in front of and over the needle.\* Repeat from \* to \* until you have the required number of loops of working yarn on the needle. End by moving the working yarn in front of and under the waste yarn.

**COWL:** Cast on 25 sts using the Open Cast On Method. Work in Garter st for 30". Do not bind off. Cut yarn leaving a long end. Put the stitches from the beginning end onto a needle. Join with Kitchener stitch as follows:

Twist the knitted piece once. Hold the 2 needles parallel with the tips pointing in the same direction. Now set up for grafting by performing the following two steps once:  
(1) Insert the threaded tapestry needle into the first stitch on the needle closest to you as if to purl and pull it through, leaving the stitch on the needle.  
(2) Then insert the needle into the first stitch on the back needle as if to knit, leaving the stitch on the needle. Pull the yarn through. These first two steps are preparatory and are only done once.

Now the following four steps are the ones you will repeat until you've worked every stitch on the needles:  
(1) Insert the needle into the first stitch on the front needle as if to knit, while slipping it off the end of the needle.  
(2) Insert the needle into the next stitch on the front needle as if to purl, but this time, leave it on the needle. Gently pull the yarn through.  
(3) Insert the needle into the first stitch on the back needle as if to purl, and slip it off the end of the needle.  
(4) Insert the needle into the next stitch on the back needle as if to knit, and leave it on the needle. Pull the yarn through.  
Repeat steps 1-4 until all the stitches are worked. Weave in ends.



**RED HEART® "Light & Lofty®",** Art. E708 available in solid colors – 6oz (170g), 140 yd (128m) or multis and stripes – 4.5oz (127g), 105 yd (96m) skeins.

**ABBREVIATIONS:** Garter st = Knit every row; mm = millimeters; st(s) = stitch (es); \* = repeat whatever follows the \* as indicated.