



## Knit Cabled Vest

Designed by Lisa Gentry.

**Directions are for size small; changes for sizes medium, large, 1X, and 2X are in parentheses.**

**Finished Bust (slightly stretched):** 34 (38, 42, 45½, 48¾)".

**Finished Length:** 20 (20, 21½, 22, 23½)".

**RED HEART® "Chunky™":** 4 (5, 5, 6, 6) balls 7853 Blue Hawaii.

**Knitting Needles:** 6mm [US 10].

**Circular Knitting Needle:** 6mm [US 10] – 16".

Cable needle, 2 stitch markers, yarn needle.

**GAUGE:** 14 sts = 4"; 18 rows = 4" in Cable pattern slightly stretched. **CHECK YOUR GAUGE. Use any size needles to obtain the gauge.**

### Special Abbreviations

**C6F** = Slip next 3 sts to cn, hold at front of work, K3, K3 from cn.

**C2F** = Slip next st to cn, hold at front of work, K1, K1 from cn.

**W/t (wrap and turn)** = Keeping continuity of pattern, work the specified number of sts; with yarn at back of work, slip next st purlwise to right needle, bring yarn forward; turn, leaving remaining sts unworked. On next row slip the wrapped stitch purlwise.

When working across the wrapped st, work the wrap together with the st above it.

### Cable Panel 1 (Worked over 6 sts)

**Rows 1, 3, 7, 9:** Knit.

**Rows 2, 4, 6, 8:** Purl.

**Row 5:** C6F.

**Row 10:** Purl.

Repeat Rows 1-10 for Cable Panel 1.

### Cable Panel 2 (Worked over 6 sts)

**Row 1:** [C2F] 3 times.

**Row 2:** Purl.

Repeat Rows 1 and 2 for Cable Panel 2.

### NOTES

The curved edges of the Fronts are formed by working short rows. The cast-on edges become the side seams. The upper Fronts and Back are shaped by decreasing between panels.

First and last sts are Knit on every row of the Fronts and Back.

### VEST

#### Left Front

Cast on 32 (32, 36, 36, 40) sts.

**Row 1 (Wrong Side):** K3 (3, 4, 4, 5), [P6, K4 (4, 5, 5, 6)] twice, P6, K3 (3, 4, 4, 5).

**Row 2 (Right Side):** K1, P2 (2, 3, 3, 4), work Cable Panel 1 Row 1 over next 6 sts, P4 (4, 5, 5, 6), work Cable Panel 2 Row 1 over next 6 sts, P4 (4, 5, 5, 6), work Cable Panel 1 Row 1 over next 6 sts, P2 (2, 3, 3, 4), K1.



Panels and Reverse St st are now established. Continue in established patterns for 0 (4, 6, 8, 10) more rows, end right side row. Now work short rows as follows:

**Row 1 (Wrong Side):** Keeping continuity of patterns, work 12 (12, 14, 14, 16) sts, w/t – 13 (13, 15, 15, 17) sts.

**Row 2:** Work 13 (13, 15, 15, 17) sts.

**Row 3:** Work next 22 (22, 25, 25, 28) sts, w/t – 23 (23, 26, 26, 29) sts.

**Row 4:** Work 23 (23, 26, 26, 29) sts.

**Rows 5 and 6:** Repeat Rows 1 and 2.

**Rows 7 and 8:** Work over all 32 (32, 36, 36, 40) sts.

Repeat last 8 rows 7 more times.

**Next Row:** Work 12 (12, 14, 14, 16) sts, w/t – 13 (13, 15, 15, 17) sts.

**Next Row:** Work 13 (13, 15, 15, 17) sts.

**Next Row:** Work next 22 (22, 25, 25, 28) sts, w/t – 23 (23, 26, 26, 29) sts.

**Next Row:** Work 23 (23, 26, 26, 29) sts.

**Next 2 Rows:** Work over all 32 (32, 36, 36, 40) sts.

Repeat last 6 rows once more.

**Next Row:** Work 12 (12, 14, 14, 16) sts, w/t – 13 (13, 15, 15, 17) sts.

**Next Row:** Work 13 (13, 15, 15, 17) sts.

**Next 4 Rows:** Work over all 32 (32, 36, 36, 40) sts.

Repeat last 6 rows once more.

Work 4 (4, 6, 8, 10) rows even over all sts.

### Shape Upper Front

**Row 1 (Wrong Side):** K1 (1, 2, 2, 3), K2tog, [P6, K2 (2, 3, 3, 4), K2tog] twice, P6, K2tog, K1 (1, 2, 2, 3) – 28 (28, 32, 32, 36) sts.

**Rows 2-6:** Work even.

**Row 7:** K2 (2, 3, 3, 4), [P6, K2tog, K1 (1, 2, 2, 3)] twice, P6, K2 (2, 3, 3, 4) – 26 (26, 30, 30, 34) sts.

**Rows 8-12:** Work even.

**Row 13:** K2 (2, 3, 3, 4), [P6, K2tog, K0 (0, 1, 1, 2)] twice, P6, K2 (2, 3, 3, 4) – 24 (24, 28, 28, 32) sts.

**Rows 14 and 15:** Work even.

### Shape Shoulders

**Row 1:** Work 8 (8, 10, 10, 12) sts, w/t – 9 (9, 11, 11, 13) sts.

**Row 2:** Work 9 (9, 11, 11, 13) sts.

**Row 3:** Work next 15 (15, 18, 18, 21) sts, w/t – 16 (16, 19, 19, 22) sts.

**Row 4:** Work 16 (16, 19, 19, 22) sts.

**Rows 5 and 6:** Work over all 24 (24, 28, 28, 32) sts. Bind off.

### Right Front

Work same as Left Front through Row 2. Panels and Reverse St st are now established. Continue in established patterns for 1 (5, 7, 9, 11) more rows, end wrong side row. Now work short rows same as for Left Front EXCEPT note that the short rows begin on the right side. After all short rows, work 3 (3, 5, 7, 9) rows even over all sts, end right side row, before beginning Shape Upper Front.

### Back

Cast on 74 (82, 90, 98, 106) sts.

**Row 1 (Wrong Side):** K2, [P6, K2 (3, 4, 5, 6)] 8 times; P6, K2.

**Row 2 (Right Side):** K1, P1, [work Cable Panel 1 Row 1 over next 6 sts, P2 (3, 4, 5, 6), work Cable Panel 2 Row 1 over next 6 sts, P2 (3, 4, 5, 6)] 4 times, work Cable Panel 1 Row 1 over next 6 sts, P1, K1.

Panels and Reverse St st are now established. Continue in established patterns until 34 (34, 38, 38, 42) rows in all have been completed, end wrong side row. Mark each end of last row for top of side seams.

### Shape Upper Back

**Row 1 (Right Side):** K1, P1, [work Cable Panel 1, P2tog, P0 (1, 2, 3, 4), work Cable Panel 2, P2tog, P0 (1, 2, 3, 4)] 4 times, work Cable Panel 1, P1, K1 – 66 (74, 82, 90, 98) sts.

**Row 2:** Work even in pattern.

### Sizes (L, 1X, 2X) Only

**Row 3:** K1, P1, [work Cable Panel 1, P2tog, P (1, 2, 3), work Cable Panel 2, P2tog, P (1, 2, 3)] 4 times, work Cable Panel 1, P1, K1 – (74, 82, 90) sts.

**Row 4:** Work even in pattern.

### Size 2X Only

**Row 5:** K1, P1, [work Cable Panel 1, P2tog, P2, work Cable Panel 2, P2tog, P2] 4 times, work Cable Panel 1, P1, K1 – 82 sts.

**Row 6:** Work even in pattern.

### All Sizes

**Rows 3-42 (3-42, 5-44, 5-44, 7-46):** Work even in pattern on 66 (74, 74, 82, 82) sts.

### Divide for Neck and Shoulders

**Row 1 (Right Side):** Work 24 (24, 28, 28, 32) sts, K center 18 (26, 18, 26, 18) sts, work to end.

**Row 2:** Work 24 (24, 28, 28, 32) sts, join another ball of yarn, bind off center 18 (26, 18, 26, 18) sts, work to end. Working both sides at the same time, bind off at beginning of each neck edge 8 (8, 9, 9, 11) sts twice. Bind off remaining 8 (8, 10, 10, 10) sts.



KNIT CABLED VEST | KNIT

**Back Bottom Border**

Cast on 10 sts.

**Rows 1 and 3:** P2, K6, P2.

**Rows 2 and 4:** K2, P6, K2.

**Row 5:** P2, C6F, P2.

**Row 6:** Repeat Row 2.

**Rows 7-10:** Repeat Rows 1-4.

Repeat Rows 1-10 until piece measures 16 (18, 20, 21½, 23)". Bind off.

**FINISHING**

Sew border to back bottom edge. Sew side seams to back markers, stretching front cast-on edges to match back piece. Sew shoulder seams.



**RED HEART® "Chunky™" Art E764**  
available in 3.5 oz (100 g), 138 yd  
(126 m) balls.

**ABBREVIATIONS:** **cn** = cable needle; **K** = knit; **mm** = millimeters; **P** = purl; **Reverse St st** = Reverse Stockinette stitch (Purl on right side rows; Knit on wrong side rows.); **st(s)** = stitch(es); \* = repeat whatever follows the \* as indicated; [ ] = work directions in brackets the number of times specified.

